

# UNDECIDED / UNDECLARED / EXPLORATORY MAJOR

## Academic Advisers

**AATC:** Schedule appointment thru Navigate (<https://mhcc.campus.eab.com/pal/UGStGetGax/>) | 503-491-7315 | Room AC2253 | [Advising.Questions@mhcc.edu](mailto:Advising.Questions@mhcc.edu) | Students with last name **A-Cg**

**Layne Morell:** Schedule appointment thru Navigate (<https://mhcc.campus.eab.com/pal/4Qo1n8nSN1/>) | 503-491-7372 | Room AC2253 | [Layne.Morell@mhcc.edu](mailto:Layne.Morell@mhcc.edu) | Students with last name **Cf-F**

**David Arguello:** Schedule appointment thru Navigate (<https://mhcc.campus.eab.com/pal/RwKIGWcera/>) | 503-491-7418 | Room AC2253 | [David.Arguello@mhcc.edu](mailto:David.Arguello@mhcc.edu) | Students with last name **G-J**

**Graham Phillips:** Schedule appointment thru Navigate (<https://mhcc.campus.eab.com/pal/Si-dPOC0LY/>) | 503-491-6071 | Room AC2253 | [Graham.Phillips@mhcc.edu](mailto:Graham.Phillips@mhcc.edu) | Students with last name **K-Mn**

**Jennifer Hare:** Schedule appointment thru Navigate (<https://mhcc.campus.eab.com/pal/3khiUsFlrA/>) | 503-491-7494 | Room AC2253 | [Jennifer.Hare@mhcc.edu](mailto:Jennifer.Hare@mhcc.edu) | Students with last name **Mo-P**

**Emma Zwaschka:** Schedule appointment thru Navigate (<https://mhcc.campus.eab.com/pal/YTOuc9my4f/>) | 503-491-7227 | Room AC2253 | [Emma.Zwaschka@mhcc.edu](mailto:Emma.Zwaschka@mhcc.edu) | Students with last name **Q-S**

**Chelsea Roweder:** Schedule appointment thru Navigate (<https://mhcc.navigate.eab.com/app/#/my/appointment-new/>) | 503-491-7644 | Room AC2253 | [Chelsea.Roweder@mhcc.edu](mailto:Chelsea.Roweder@mhcc.edu) | Students with last name **T-Z**

This major allows students to explore many subjects while earning credits toward a degree. Students often start on this path in order to explore and discover career options before picking a major.

Students who are trying to decide on a college major should consider some of MHCC's Human Development (HD) courses.

If you wish you change your major, please email [advising.questions@mhcc.edu](mailto:advising.questions@mhcc.edu) or call 503-491-7315.

All students should work with an adviser to make an education plan.

## Curriculum Outcomes

At the completion of this curriculum, students should be able to:

- Establish short and long term academic and career goals
- Utilize learned skills and strategies to continue personal and professional exploration, growth and development
- Identify and evaluate personal preferences and strengths and implement strategies for continuous growth

### A note on exploratory classes:

A great way to "try out" a major is to take an introductory, or exploratory, class in the area you are interested in. Doing this gives you the opportunity to check out a variety of possible majors; you may even discover, in this process, the one you want to pursue. If you are unsure about which introductory course to take, connect with a Career Counselor (<https://www.mhcc.edu/student-resources/career-planning/>).

## First Year

- Meet with your adviser to build an education plan and then follow up each quarter to ensure you are on the right track

- Learn about and explore subjects of interest and conduct information interviews with faculty advisers in academic areas of interest to clarify your academic goals
- Join a club or campus organization to explore interests
- Learn about and use campus resources
- Reflect on your exploration classes - which are your favorite and why?

### College Knowledge - We recommend taking these courses in your 1st year

Code	Title	Credits
HD100A	College Success ★	1
or HD100C	College Success	
or HD101	On Track for College Success ★	
HD225	Transferring to a Four-Year College	2

### Career Planning - We recommend taking these courses in your 1st year

Code	Title	Credits
HD110	Navigating Career Change ★	1
or HD208	Career and Life Planning ★	
HD130AT	Introduction to Careers: Applied Technology ★	2
HD130HC	Introduction to Today's Careers: Health Professions ★	2

## Second Year

- Make sure you complete all of your graduation requirements by meeting with an adviser and updating your education plan
- If you plan to transfer to a university:
  - Make contact with the department you will be majoring in
  - Know the university's application deadline
  - Apply!

### Planning Next Steps - We recommend taking this course closer to graduation

Code	Title	Credits
HD209RES	Developing Your Resume ★	1