

# UNDECIDED / UNDECLARED / EXPLORATORY MAJOR

## Academic Advising

### Academic Advising & Transfer Center

503-491-7315 | Room AC2253 | [advising.questions@mhcc.edu](mailto:advising.questions@mhcc.edu)

Schedule an appointment! (<https://mhcc.navigate.eab.com/app/#/authentication/remote/>)

This major allows students to explore many subjects while earning credits toward a degree. Students often start on this path in order to explore and discover career options before picking a major. All students should work with an adviser to make an education plan.

## Curriculum Outcomes

At the completion of this curriculum, students should be able to:

- Establish short and long term academic and career goals
- Utilize learned skills and strategies to continue personal and professional exploration, growth and development
- Identify and evaluate personal preferences and strengths and implement strategies for continuous growth

### A note on exploratory classes:

Thinking about a major? Why not take an introductory or exploratory class in a field that interests you? It's a fantastic way to explore different majors and see what sparks your passion. You might even find the perfect one for you! If you're not sure which class to start with, just reach out to a Career Counselor-they're there to help!

If you wish to change your major, please email [advising.questions@mhcc.edu](mailto:advising.questions@mhcc.edu) or call 503-491-7315. All students should work with an advisor to make an education plan.

## First Year

- Meet with your adviser to build an education plan and then follow up each quarter to ensure you are on the right track
- Learn about and explore subjects of interest and conduct information interviews with faculty advisers in academic areas of interest to clarify your academic goals
- Join a club or campus organization to explore interests
- Learn about and use campus resources
- Reflect on your exploration classes - which are your favorite and why?

### College Knowledge - The following classes are recommended

Code	Title	Credits
HD100A	College Success ★	1
or HD100C	College Success	
or HD101	On Track for College Success ★	
HD225	Transferring to a Four-Year College	2

### Career Planning - The following classes are recommended

Code	Title	Credits
HD110	Navigating Career Change ★	1
or HD208	Career and Life Planning ★	

HD130AT	Introduction to Careers: Applied Technology ★	2
HD130HC	Introduction to Today's Careers: Health Professions ★	2

## Second Year

- Make sure you complete all of your graduation requirements by meeting with an adviser and updating your education plan
- If you plan to transfer to a university:
  - Make contact with the department you will be majoring in
  - Know the university's application deadline
  - Apply!

### Planning Next Steps - We recommend taking this course closer to graduation

Code	Title	Credits
HD209RES	Developing Your Resume ★	1