PHYSICAL THERAPIST ASSISTANT - DEGREE

Restricted Entry, Associate of Applied Science Degree Program
| mhcc.edu/PTA

Faculty Adviser
Kristin Kjensrud: 503-491-7464 | Room AC2768 | Kristin.Kjensrud@mhcc.edu

The Physical Therapist Assistant program consists of lecture and laboratory instruction on campus, and supervised clinical experience in health care facilities throughout the Portland metropolitan area. Upon completion of the program, graduates are eligible to sit for the National Physical Therapy Examination and can be licensed to practice in any state. The licensed physical therapist assistant is qualified to work in any health care facility which provides supervision by a licensed physical therapist. This program is not a stepping stone to Physical Therapist education; students wishing to pursue a Physical Therapy degree are encouraged to explore universities with this option.

Program Outcomes
At the completion of this program, students should be able to:

- Provide safe and effective entry-level physical therapy services under the general supervision of a licensed physical therapist, including plan of care review, selected interventions, tests and measures, therapeutic communication, client education, and accurate documentation
- Adhere to all legal practice standards, values-based behaviors, and standards of ethical conduct expected of the physical therapist assistant
- Employ critical thinking skills while making clinical decisions about the provision of physical therapy interventions in accordance with the established plan of care
- Contribute as an integral member of the health care team by providing collaborative patient-centered care
- Respond to individual and cultural considerations, needs, and values during the provision of physical therapy services
- Demonstrate the professional values of social responsibility and advocacy through active participation in community service and professional associations

Admission Requirements
For a list of prerequisite courses prior to applying for and entering the Physical Therapist Assistant program, please see mhcc.edu/PTA for the most current information. This information can be subject to change; it is the student’s responsibility to verify completion of appropriate prerequisite courses. All classes outside the core curriculum (those not preceded by PTA) may be taken prior to admission to the Physical Therapist Assistant program.

Applicants to the Physical Therapist Assistant program must be physically and mentally able to cope with the rigors of the curriculum and the demanding nature of the physical therapy profession. Established academic and clinical requirements essential to the program of instruction apply to all students and cannot be waived. Attempts will be made to accommodate and retain qualified applicants with disabilities unless results of evaluations indicate that given reasonable accommodation an individual will still not be able to perform the essential required program functions.

Pre-program courses must be completed with a grade of “C” or better:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>B1121</td>
<td>Essentials of Human Anatomy and Physiology I ★</td>
<td>4</td>
</tr>
<tr>
<td>B1122</td>
<td>Essentials of Human Anatomy and Physiology II ★</td>
<td>4</td>
</tr>
<tr>
<td>MTH065</td>
<td>Beginning Algebra II ★ (or higher)</td>
<td>4</td>
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<tr>
<td>WR121</td>
<td>English Composition ★</td>
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<td>Total Credits</td>
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Course Title Credits
First Quarter
Fall
AH110 Medical Language for Healthcare Settings ★ 2
PTA101 Physical Therapy Interventions 1 & 101L and Physical Therapy Interventions 1 Lab 7
PTA105 Introduction to Physical Therapy 2
PTA121 Clinical Kinesiology 4

Credits 15
Second Quarter
Winter
PTA102 Physical Therapy Interventions 2 & 102L and Physical Therapy Interventions 2 Lab 7
PTA106 Therapeutic Communication and Cross-Cultural Communication in Physical Therapy 2
PTA123 Balance and Gait 3
Health and Physical Education requirement (https://catalog.mhcc.edu/degree-certificate-requirements/aas/#health) 1

Credits 13
Third Quarter
Spring
PTA103 Physical Therapy Interventions 3 & 103L and Physical Therapy Interventions 3 Lab 7
PTA107 Introduction to Clinical Practice 2
PTA122 Manual Therapy Techniques 3
Health and Physical Education requirement (https://catalog.mhcc.edu/degree-certificate-requirements/aas/#health) 1

Credits 13
Fourth Quarter
Summer
PTA251 Clinical Applications I 1
PTA261 Clinical Affiliation I 8

Credits 9
Fifth Quarter
Fall
PTA201 Physical Therapy Interventions 4 & 201L and Physical Therapy Interventions 4 Lab 5
PTA262 Clinical Affiliation II 8
Physical Therapist Assistant - Degree

Health and Physical Education requirement (https://catalog.mhcc.edu/degree-certificate-requirements/aas/#health) 1

| Credits | 14 |

**Sixth Quarter**

**Winter**

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<tr>
<th>Course</th>
<th>Description</th>
<th>Credits</th>
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<td>PTA202 &amp; 202L</td>
<td>Physical Therapy Interventions 5 and Physical Therapy Interventions 5 Lab</td>
<td>7</td>
</tr>
<tr>
<td>PTA257</td>
<td>Quality Assurance and Physical Therapy Employment</td>
<td>1</td>
</tr>
<tr>
<td>PSY201 or PSY237</td>
<td>General Psychology ★ or Human Development ★</td>
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| Credits | 12 |

**Seventh Quarter**

**Spring**

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<th>Course</th>
<th>Description</th>
<th>Credits</th>
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<tr>
<td>PTA203 &amp; 203L</td>
<td>Physical Therapy Interventions 6 and Physical Therapy Interventions 6 Lab</td>
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</tr>
<tr>
<td>PTA258</td>
<td>Licensure and Professional Development</td>
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</tr>
<tr>
<td>PTA263</td>
<td>Clinical Affiliation III</td>
<td>8</td>
</tr>
</tbody>
</table>

| Credits | 13 |

| Total Credits | 89 |

Pre-program courses + program courses = 105 credits.

★ Course offered online
☐ Cultural Literacy course