

PHYSICAL THERAPIST AIDE - CERTIFICATE

This program has been submitted to the Northwest Commission on Colleges and Universities (NWCCU) for accreditation review. If approved, it will be available to students. This program has been submitted to the Department of Education for review of financial aid eligibility.

Certificate

Faculty Advisers

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Program Description

The profession of physical therapy addresses movement and mobility challenges affecting individuals from all populations across the lifespan who are recovering from injury or illness.

The Physical Therapist Aide Certificate prepares learners for entry-level employment as a physical therapist aide and satisfies all pre-program requirements for entry to the Mt. Hood Community College Physical Therapist Assistant AAS degree program. It is designed for people who wish to begin work in the field of physical therapy quickly and meet requirements for future education and career advancement.

Physical therapist aides (PT Aides) work under close supervision of a physical therapist or physical therapist assistant to perform delegated, selected, or routine tasks in specific situations including:

- Providing assistance to a licensed clinician during patient care, patient transport, direction and monitoring of an established exercise plan, and assisting with the performance of therapeutic modalities as prescribed and appropriate.
- Maintenance of a clean, safe patient treatment area, including set-up of clinic spaces, cleaning equipment, and performing laundry and stocking duties
- Assist staff with reception and clerical duties as needed.

Program Learning Outcomes

Upon completion of the Physical Therapist Aide Certificate, the learner will:

- Use numerical information and quantitative reasoning skills to solve real-world problems.
- Demonstrate effective oral, non-verbal, and written communication strategies appropriate to the healthcare workplace.
- Apply knowledge of human anatomy, physiology, cognitive development, medical terminology, and discipline-specific concepts during the performance of treatment and non-treatment related tasks under the direct supervision of a licensed clinician.
- Apply critical thinking skills to solve real-world problems in the health care setting.
- Demonstrate cultural humility and respect for others' cultural practices and views.
- Collaborate effectively as a member of the health care team.
- Practice ethical behavior in academic and professional settings.

First Quarter		Credits
Fall		
PA101	Introduction to Physical Therapy Careers	2
BI231	Human Anatomy and Physiology I ★	4
MO111	Medical Terminology ★	4
HE262	Basic Life Support ★	1
Health / Physical Education (https://catalog.mhcc.edu/degree-certificate-requirements/aas/#health)		1
Credits		12
Second Quarter		
Winter		
PA102	Physical Therapist Aide Clinical Applications	1
PA111	Physical Therapist Aide Clinical Affiliation	1
BI232	Human Anatomy and Physiology II ★	4
PSY201Z	Introduction to Psychology I ★	4
WR121Z	Composition I ★	4
Credits		14
Third Quarter		
Spring		
PA103	Basic Principles of Physical Therapy Practice	2
BI233	Human Anatomy and Physiology III ★	4
MTH065 or MTH058	Beginning Algebra II ★ (or higher) or Quantitative Reasoning I	4-6
Credits		10-12
Total Credits		36-38