MENTAL HEALTH, SOCIAL SERVICE AND ADDICTION COUNSELING - DEGREE

Restricted Entry, Associate of Applied Science Degree Program
mhcc.edu/MHSSAC

Faculty Advisers
Program Director, Karen Green, MSW, LSSW:
503-491-7133 | Room AC2771 | Karen.Green@mhcc.edu

Mental Health and Social Service is a tremendously diverse field of study devoted to preparing students as professionals in social services, social work, addictions counseling, community corrections, youth work and gerontology. Classroom study and practical experiences are combined to prepare the student to work in social service agencies, addictions treatment, residential facilities, schools and community corrections. These agencies work with the emotional, social, and physical needs of clients. Courses include counseling skills, group counseling, case management, addictions theory, trauma informed care and treatment, and professional practice. Graduates are eligible to become addictions counselors.

Students interested in completing a bachelor's degree should contact program advisers for additional information on current transfer agreements.

Admission Requirements
Prospective students must satisfactorily meet admission program criteria and the application deadline to be considered for admission. Applications are available on our website at mhcc.edu/MentalHealth. Once you have read the application packet, if you have questions, please email LRAdmissions@mhcc.edu.

Program Outcomes
At the completion of this program, students should be able to:

- Demonstrate the values and ethics that are intrinsic to the social service profession
- Demonstrate professional interviewing skills
- Demonstrate writing skills appropriate to clinical documentation
- Identify resources for clients within agencies and within communities
- Describe the role of culture and diversity in social service and counseling
- Describe the role of neurochemistry in the addiction process

Course | Title | Credits
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**First Quarter**
**Fall**
HE207 | Stress Control Through Activity Intervention | 1
HS101 | Introduction to Social Services | 3
HS107 | Careers in Behavioral Healthcare and Social Service | 3
HS114 | Interviewing Skills I | 2
HS141 | Pharmacology of Psychoactive Substances | 3

**Second Quarter**
**Winter**
HS115 | Interviewing Skills II | 2
HS135 | Case Management I: Intake and Assessment | 2
HS150 | The Effective Helper, A Personal Skills Approach | 3
HS222 | Diagnosis and Treatment: Clinical Disorders | 3
PSY236 | Human Development II: Adolescence - Death | 3
WR121 | English Composition ★ | 4

**Third Quarter**
**Spring**
HE202 | Adult Development and Aging | 1
HS113 | Interviewing Skills III | 3
HS136 | Case Management II: Process and Practice | 2
HS223 | Diagnosis and Treatment: Personality Disorders | 2
HS291 | Practicum Seminar ★ | 2
WE280HS_ | Cooperative Education Internship | 4
WR122 | English Composition: Critical Thinking ★ | 4

**Fourth Quarter**
**Fall**
HS225 | Group Counseling Theory and Practice I | 2
HS265 | Counseling Theories and Interventions I | 3
HS291 | Practicum Seminar ★ | 2
WE280HS_ | Cooperative Education Internship | 4
Transfer elective (p. 2) | 3-5

**Fifth Quarter**
**Winter**
HS226 | Group Counseling Theory and Practice II | 2
HS266 | Counseling Theories and Interventions II | 3
HS291 | Practicum Seminar ★ | 2
WE280HS | Cooperative Education Internship | 4
Select one of the following: | 4-6
MTH058 | Quantitative Reasoning I | ★ (or higher)
MTH065 | Beginning Algebra II ★ (or higher)

**Sixth Quarter**
**Spring**
HE208 | HIV and Other Sexually Transmitted Infections | 1
HS142 | Addiction Counseling: Prevention, Assessment and Treatment | 3
HS291 | Practicum Seminar ★ | 2
SW201 | The Field of Social Welfare | 3
WE280HS_ | Cooperative Education Internship | 4
Transfer Electives

Please see program adviser before selecting transfer electives.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
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<tbody>
<tr>
<td>MTH105</td>
<td>Mathematics in Society</td>
<td>5</td>
</tr>
<tr>
<td>MTH111</td>
<td>Pre-Calculus I: Elementary Functions ★</td>
<td>5</td>
</tr>
<tr>
<td>PSY201</td>
<td>General Psychology ★</td>
<td>4</td>
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<tr>
<td>SOC204</td>
<td>General Sociology Principles of Sociology ★</td>
<td>3</td>
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<tr>
<td>SOC205</td>
<td>General Sociology: Social Institutions ★</td>
<td>3</td>
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<tr>
<td></td>
<td>Lab Science elective</td>
<td>5</td>
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<tr>
<td></td>
<td>Foreign Language electives</td>
<td>12-15</td>
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</tbody>
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Transfer Schools

- Portland State University (http://www.pdx.edu/ssw/undergraduate-programs)
- Clark College (http://www.clark.edu)
- Warner Pacific University (http://warnerpacific.edu/social-work-program)
- Concordia University (http://www.cu-portland.edu/academics/colleges/college-health-and-human-services/undergraduate-programs/social-work)

★ Course offered online
☆ Cultural Literacy course