MENTAL HEALTH, SOCIAL SERVICE AND ADDICTION COUNSELING - DEGREE

Restricted Entry, Associate of Applied Science Degree Program
mhcc.edu/MHSSAC

Faculty Advisers
Program Director, Karen Green, MSW, LSSW:
503-491-7133 | Room AC2771 | Karen.Green@mhcc.edu

Mental Health and Social Service is a tremendously diverse field of study devoted to preparing students as professionals in social services, social work, addictions counseling, community corrections, youth work and gerontology. Classroom study and practical experiences are combined

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to prepare the student to work in social service agencies, addictions treatment, residential facilities, schools and community corrections. These agencies work with the emotional, social, and physical needs of clients. Courses include counseling skills, group counseling, case management, addictions theory, trauma informed care and treatment, and professional practice. Graduates are eligible to become addictions counselors.

Students interested in completing a bachelor's degree should contact program advisers for additional information on current transfer agreements.

Admission Requirements
Prospective students must satisfactorily meet admission program criteria and the application deadline to be considered for admission. Applications are available on our website at mhcc.edu/MentalHealth. Once you have read the application packet, if you have questions, please email LRAdmissions@mhcc.edu.

Program Outcomes
At the completion of this program, students should be able to:
• Demonstrate the values and ethics that are intrinsic to the social service profession
• Demonstrate professional interviewing skills
• Demonstrate writing skills appropriate to clinical documentation
• Identify resources for clients within agencies and within communities
• Describe the role of culture and diversity in social service and counseling
• Describe the role of neurochemistry in the addiction process

Course Title Credits
First Quarter
Fall
HE207 Stress Control Through Activity Intervention 1
HS101 Introduction to Social Services 3
HS107 Careers in Behavioral Healthcare and Social Service 3
HS114 Interviewing Skills I 2
HS141 Pharmacology of Psychoactive Substances 3

Second Quarter
Winter
HS115 Interviewing Skills II 2
HS135 Case Management I: Intake and Assessment 2
HS150 The Effective Helper, A Personal Skills Approach 3
HS222 Diagnosis and Treatment: Clinical Disorders 3
PSY236 Human Development II: Adolescence - Death 3
WR121 English Composition ★ 4

Third Quarter
Spring
HE202 Adult Development and Aging 1
HS113 Interviewing Skills III 3
HS136 Case Management II: Process and Practice 2
HS223 Diagnosis and Treatment: Personality Disorders 2
HS291 Practicum Seminar ★ 2
WE280HS_ Cooperative Education Internship 4
WR122 English Composition: Critical Thinking ★ 4

Fourth Quarter
Fall
HS225 Group Counseling Theory and Practice I 2
HS265 Counseling Theories and Interventions I 3
HS291 Practicum Seminar ★ 2
WE280HS_ Cooperative Education Internship 4
Transfer elective (p. 2) 3-5

Credits 14-16

Fifth Quarter
Winter
HS226 Group Counseling Theory and Practice II 2
HS266 Counseling Theories and Interventions II 3
HS291 Practicum Seminar ★ 2
WE280HS_ Cooperative Education Internship 4
Select one of the following: 4-6
MTH058 Quantitative Reasoning I
MTH065 Beginning Algebra II ★ (or higher)

Credits 15-17

Sixth Quarter
Spring
HE208 HIV and Other Sexually Transmitted Infections 1
HS142 Addiction Counseling: Prevention, Assessment and Treatment 3
HS291 Practicum Seminar ★ 2
SW201 The Field of Social Welfare 3
WE280HS_ Cooperative Education Internship 4
Transfer Electives

Please see program adviser before selecting transfer electives.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>MTH105</td>
<td>Mathematics in Society</td>
<td>5</td>
</tr>
<tr>
<td>MTH111</td>
<td>Pre-Calculus I: Elementary Functions ★</td>
<td>5</td>
</tr>
<tr>
<td>PSY201</td>
<td>General Psychology ★</td>
<td>4</td>
</tr>
<tr>
<td>SOC204</td>
<td>General Sociology: Principles of Sociology ★</td>
<td>3</td>
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<tr>
<td>SOC205</td>
<td>General Sociology: Social Institutions ★</td>
<td>3</td>
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<tr>
<td></td>
<td>Lab Science elective</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Foreign Language electives</td>
<td>12-15</td>
</tr>
</tbody>
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Transfer Schools

- Portland State University ([http://www.pdx.edu/ssw/undergraduate-programs](http://www.pdx.edu/ssw/undergraduate-programs))
- Clark College ([http://www.clark.edu](http://www.clark.edu))
- Warner Pacific University ([http://warnerpacific.edu/social-work-program](http://warnerpacific.edu/social-work-program))

★ Course offered online
♣ Cultural Literacy course