

MENTAL HEALTH, SOCIAL SERVICE AND ADDICTION COUNSELING - DEGREE

Associate of Applied Science Degree Program

Faculty Advisers

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The Mental Health, Social Service, and Addiction Counseling program prepares students to work with the emotional, social, and physical needs of clients in settings that include:

- Mental health agencies.
- Social service / work.
- Addictions treatment.
- Corrections.
- Residential facilities.
- Schools.
- Youth work.
- Gerontology (working with the elderly).

Course topics include: counseling skills; group counseling; case management; addictions theory; trauma informed care; and professional practice.

Students who complete the AAS degree can become addictions counselors after passing the Certified Alcohol and Drug Counselor exam. While this program is designed to help students enter the workforce, 89% of our students transfer to a four-year college to earn a bachelor's degree.

This program only accepts new students starting every **fall** term. Students may take some of the courses ahead of time, such as writing, math and electives. Meet with an adviser to make a plan.

Program Outcomes

At the completion of this program, students should be able to:

- Demonstrate the values and ethics that are intrinsic to the social service profession
- Demonstrate professional interviewing skills
- Demonstrate writing skills appropriate to clinical documentation
- Identify resources for clients within agencies and within communities
- Describe the role of culture and diversity in social service and counseling
- Describe the role of neurochemistry in the addiction process

Please note: All core courses and cooperative education internship courses must be completed within 5 years of starting the program.

General education courses (such as math, writing, health, etc.) can be taken during any term, or before starting the program.

First Quarter		Credits
Fall		
HS101	Introduction to Social Services	3
HS107	Careers in Behavioral Healthcare and Social Service	3
HS114	Listening Skills I	2
HS265	Counseling Theories and Interventions I	3
WR121Z	Composition I ★	4
Credits		15

Second Quarter		Credits
Winter		
HS115	Listening Skills II	2
HS135	Case Management: Intake, Assessment, Process and Practice ★	3
HS150	The Effective Helper, A Personal Skills Approach	3
HS266	Counseling Theories and Interventions II	3
Related Elective (can be taken any term) (p. 2)		3-4
Credits		14-15

Third Quarter		Credits
Spring		
HS291	Applied Practicum ★	2
SOC213	Race Relations in the United States ★🌐	3
PSY237	Human Development ★	4
Related Elective (can be taken any term) (p. 2)		3-4
WE280HSD	Coop Ed-Human Services	4
Credits		16-17

Fourth Quarter		Credits
Fall		
HS225	Group Counseling	3
HS291	Applied Practicum ★	2
WR122Z	Composition II ★	4
Elective (can be taken any term) (p. 2)		3-5
WE280HSD	Coop Ed-Human Services	4
Credits		16-18

Fifth Quarter		Credits
Winter		
HS222	Diagnosis and Treatment: Clinical Disorders	3
HS291	Applied Practicum ★	2
HS142	Substance Use Disorder Counseling: Prevention, Assessment and Treatment	3
WE280HSD or WE280HSH	Coop Ed-Human Services or Coop Ed-Human Services	4-8
MTH065 or MTH058	Beginning Algebra II ★ (or higher) or Quantitative Reasoning I	4-6
Credits		16-18

Sixth Quarter		Credits
Spring		
HS223	Diagnosis and Treatment: Personality Disorders	2
HS291	Applied Practicum ★	2
SW201	The Field of Social Welfare and Social Justice	3

WE280HSD	Coop Ed-Human Services (Required if student took WE280HSD in winter term)	4
Health and Physical Education (can be taken any term) (https://catalog.mhcc.edu/degree-certificate-requirements/aas/#health)		3
Credits		14
Total Credits		91-97

Related Electives

Take 9 to 15 credits from the list below to reach 90 credits total. If planning on transferring to a university, please see program adviser(s) before selecting electives.

Code	Title	Credits
MTH105Z	Math in Society (or higher)	4
PSY course level 200+		3-4
SOC course level 200+		3-4
CJA course (CJA230 or CJA231 recommended)		3
Lab Science elective		4-5
Foreign Language electives		12-15

Transfer Schools

- Portland State University (<https://www.pdx.edu/social-work/>)
- Clark College (<http://www.clark.edu/>)
- Oregon Tech (<https://www.oit.edu/academics/degrees/applied-psychology/>)
- Western Oregon University (<http://www.wou.edu/gerontology/>)
- Warner Pacific University (<http://warnerpacific.edu/social-work-program/>)