

GENERAL STUDIES / EXPLORATORY MAJOR

Academic Advising

Academic Advising & Transfer Center

503-491-7315 | Room AC2253 | advising.questions@mhcc.edu
Schedule an appointment! (<https://mhcc.navigate.eab.com/app/#/authentication/remote/>)

The General Studies major allows students to explore many subjects while earning credits toward a degree. Many students start on this path if they plan to apply for a health professions or career technical program at MHCC.

Students who are interested in one of MHCC's Health Professions programs can follow the AGS in Health Professions Exploration degree.

All students should work with an adviser to make an education plan.

Curricular Outcomes

At the completion of this curriculum, students should be able to:

- Establish short and long term academic and career goals
- Utilize learned skills and strategies to continue personal and professional exploration, growth and development
- Identify and evaluate personal preferences for university transfer

Start of your first year

- Meet with MHCC adviser to discuss your degree path and/or log on to Navigate (<https://mhcc.campus.eab.com/home/>) to start the process of building an academic plan based on this major and notify an adviser for review.
- Register for introductory classes as identified by your course placement
- Research transfer schools and areas of interest
- Go to Oregon Transfer Days, held every January

End of your first year

- Use your Degree Audit to build a personalized term-by-term education plan
- Change your major if you've decided on something other than General Studies
- Make a list of four-year schools that interest you
- Meet with your adviser and discuss dual enrollment options
- Go visit potential schools, or talk to a school rep
- Visit the AATC advisers to discuss your plans

Start of your second year

- Attend Oregon Transfer Day
- Make a decision about which schools you'll apply to
- Fill out admissions and financial aid forms for your future school
- Meet with an adviser from your future school about requirements for your major
- Register for MHCC classes specific to your major

End of your second year

- Meet with an adviser at your transfer school to figure out what classes you still need.
- Apply for graduation

Students pursuing a general studies major or degree are recommended to complete the following courses:

Code	Title	Credits
HD100C	College Success	1-3
or HD100A	College Success ★	
or HD101	On Track for College Success ★	
HD105	Scholarship Success	2
HD130	Today's Careers	2
or HD130AT	Introduction to Careers: Applied Technology ★	
or HD130HC	Introduction to Today's Careers: Health ★	
HD208	Career and Life Planning ★	1-3
or HD110	Navigating Career Change ★	
HD225	Transferring to a Four-Year College	2